

Domestic Violence

The Rockport Police Department realizes that for many families a safe, violence-free home is not a reality. The Rockport Police Department is committed to helping victims stay safe and holding abusers accountable.

You will find information at **The Official Website of The Essex District Attorney's Office** about domestic violence, restraining orders and safety plans. If you or someone you know is a victim of abuse, please learn all you can about domestic violence and reach out for help.

- **What is Domestic Violence?**

Domestic or family violence is the abuse of power and control. It is a pattern of behavior used by one person to control another through force or threats.

- **What Is A Restraining Order?**

A restraining order is a court order that can provide protection from physical or sexual harm caused by force, or threat of harm from a family or household member.