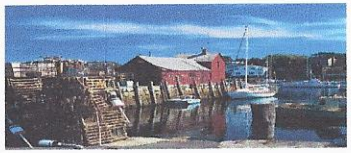

# June 2015 ROCKPORT COA SENIOR CENTER HOURS

**Director: Diane Bertolino 978-546-2573**

**8:00-4 PM M-TH**

**8:00-1:00 PM FRI**

| | | | | |
|---|---|---|---|---|
| Mon.1<br>8:30-9:30 Tai Chi<br>10:00-11:00 Strength/Balance<br>11:30-12:15 Lunch<br>1:00-3:30 Bingo | Tues. 2<br>9:00-10:00 Yoga<br>11:30–12:15 Lunch<br>1:30-3:00 Register for Programs | Wed.3<br>11:45-1:30 Lobster Roll Lunch at Yacht Club with Comedy Show<br>1:00-3:00 Scrabble | Thurs. 4<br>8-12 Seniors Helping Seniors<br>9:00-10:00 Yoga<br>9:30-11:00 Register for Programs<br>10:00-11:00 Mobile Market<br>10:30-11:30 Free Bridge Lesson<br>11:30-12:15 Lunch<br>12:00-4:00 Duplicate Bridge<br>12:30-1 May & June Birthdays<br>1:00-3:30 Knitting/Quilting | Fri. 5<br>10:00-11:00 Strength/Balance<br>11:30-12:15 Lunch |
| Mon. 8<br>10:00-11:00 Strength/Balance<br>10:00-11:30 iMac Computer Class<br>11:30-12:15 Lunch<br>1:00-3:30 Bingo<br>2:30-3:30 Yoga | Tues. 9<br>9:00-10:00 Yoga<br>11:30-12:15 Lunch<br>4:30-6:00 AGH Supper Club<br>1:30-3:00 Register for Programs | Wed. 10<br>8:30 Providence Little Italy Day Trip<br>9:00-10:00 Tai Chi<br>9:00-10:00 Bruce Tarr's Representative<br>10:00-11:30 iMac Computer Classes<br>11:30-12:15 Lunch<br>1:00- 3:00 Scrabble | Thurs. 11<br>9:00-10:00 Yoga<br>9:30-11:00 Register for Programs<br>9:30-11:30 Nurse<br>10:30-11:30 Free Bridge Lesson<br>11:30-12:15 Father's Day Lunch<br>12:00-4:00 Duplicate Bridge<br>1:00-3:30 Knitting/Quilting | Fri. 12<br>9:00-12:00 Elder Abuse Event at Five Corners<br>10:00-11:00 Strength/Balance<br>11:30-12-15 Lunch |
| Mon. 15<br>9:00-10:00 Strength/Balance<br>10:00-11:30 iMac Computer Class<br>10:30-11:30 Reverse Mortgage<br>11:30-12:15 Lunch<br>1:00-3:30 Bingo<br>1:30-2:30 Vaudeville Show<br>2:30-3:30 Yoga | Tues. 16<br>9:00-10:00 Yoga<br>11:30–12:15 Lunch<br>1:30-3:00 Register for Programs | Wed. 17<br>9:00-10:00 Tai Chi<br>10:00-11:30 iMac Computer Class<br>11:30-12:15 Lunch<br>1:00-3:00 Scrabble | Thurs. 18<br>9:00-10:00 Yoga<br>9:30-11:00 Register for Programs<br>10:30-11:30 Free Bridge Lesson<br>11:30-12:15 Lunch & Traveling Chef Ice Cream Party<br>12:00-4:00 Duplicate Bridge<br>1:00-3:30 Knitting/Quilting | Fri. 19<br>10:00-11:00 Strength/Balance<br>11:30-12:15 Lunch |
| Mon. 22<br>9:00-11:00 Strength/Balance<br>11:30-12:15 Lunch<br>1:00-3:30 Bingo<br>2:30-3:30 Yoga | Tues. 23<br>9:00-10:00 Yoga<br>11:30-12:15 Lunch<br>1:30-3:00 Register for Programs | Wed. 24<br>9:00-10:00 Tai Chi<br>11:30-12:15 Lunch<br>1:00-3:00 Scrabble | Thurs. 25<br>9:00-10:00 Yoga<br>9:30-11:00 Register for Programs<br>10:30-11:30 Free Bridge Lesson<br>11:30-12:15 Lunch<br>12:00-4:00 Duplicate Bridge<br>1:00-3:30 Knitting/Quilting | Fri. 26<br>9:00-10:00 Strength/Balance<br>11:30-12:15 Lunch |
| Mon. 29<br>9:00-11:00 Strength/Balance<br>11:30-12:15 Lunch<br>1:00-3:30 Bingo<br>2:30-3:30 Yoga | Tues. 30<br>9:00-10:00 Yoga<br>11:30-12:15 Lunch<br>1:30-3:00 Register for Programs | ***Free Bridge Lessons on Thursdays 10:30-11:30AM*** | ***Don't miss the students from the Waring School's Vaudeville Show here on June 15th at 1:30PM*** | ***Call Freda for lunch reservations 978-546-2573***<br>**Join Me For Lunch** |