

ROCKPORT COUNCIL ON AGING

MINUTES FROM TUESDAY, OCTOBER 28, 2014

Present: Faye Anderson, Chairman, Diane Bertolino, Director, Roger Lesch, Shirley Conway, Gilbert McCarthy, Joanne Wood, Maureen Beeley, Sue Terry.

Absent: Donald Sudbay, Christine Marek.

Distribution: Agenda, Tuesday, October 28, 2014, Minutes, September 16, 2014, Director's Report October 28, 2014, COA Town Budget Balances for FY2015, September/October 2014 Deposits/Expenditure Balances, Unduplicated Client Count and Total Units Provided by Activity-Recreation-09/16/2014-10/28/2014, Unduplicated Client Count and Total Units Provided by Activity-Supportive Services 09/16/2014-10/28/2014, November 2014 Senior Center Activities Calendar, Nov.-Dec. 2014 Newsletter. Survey of Senior Center Transportation(Beverly, Danvers, Peabody, Ipswich), Job Descriptions for Yoga and Tai Chi instructors, Duties of Council On Aging town of Rockport.

Meeting called to order: 6 p.m.

Minutes from Tuesday, September 16, 2016. Motion to accept by Gil McCarthy, Seconded by Maureen Beeley. Unanimous.

Nominations for COA Officers: Faye Anderson was nominated for Chairman by Maureen Beeley, Seconded by Roger Lesch. Unanimous. Gil McCarthy was nominated by Vice Chairman by Joanne Wood. Seconded by Sue Terry. Unanimous.

Roger Lesch was nominated for Recording Secretary by Gil McCarthy. Seconded by Joanne Wood. Unanimous.

Director's Report: Diane reported that the Rockport restaurant dinner meals have been completed during the month. The Fish Shack dinner hosted by Karen & Kenny Porter had 50 participants. Kathy Milbury and Barbara Stavropoulos, owners of My Place By The Sea, hosted 59 people at their restaurant. Diane stated that the meals provided by local restaurants have been very successful. She suggested that a lottery system be created for others that haven't been able to attend. The members suggested that a letter to the editor of the Times be sent thanking all Rockport restaurants who have provided the dinners.

Safatia Romeo Theken continues to assist people with health insurance changes which included a full day in October and one in November at the center. The VNA and Senator Bruce Tarr's representative provide services each month. Den Mar has offered hold Blood Pressure clinics and "Ask A Nurse" each month.

The small COA office has been busy due to the increased hours of Paula Bertolino and Karen Smith . Karen will begin a Benefits Check Up program for Seniors offered by the Mass. Councils On Aging. Benefits included foot stamps, fuel assistance, prescription advantage, etc. Access is by computer without the need of social security or names being entered. Action Inc. which used the office on Wednesdays for the last few years will be moving to another location.

Participation in the arthritis, strength/balance and yoga classes has increased with attendance in the 20s and 30s.

Trips to Lake Winnepesaukee and North Conway were held in October. The trips were filled. Upcoming trips include the Merrimack Outlet for a holiday trip and show and a buffet luncheon on December 7th. There will be a Thanksgiving luncheon and show and a holiday luncheon and show at the Senior Center. Diane has also applied for a cultural grant for another show at the center. Birthday parties continue each month. Addison Gilbert is offering the last of a series of Supper Clubs in November. There will be an effort to find another pick up and drop off location with better lighting for future trips.

The Rockport Fire Department will offer a Fire Safety presentation at the center. The AAA held a lecture on driving in snow and ice. The Better Business Bureau held a scam and fraud lecture. The Town Assessor providing tax saving information.

Diane attended the Mass. Council on Aging Conference in Falmouth on October 8-10th. She received information regarding applying for future transportation and Healthy Aging grants.

Diane reported that there is a problem regarding people getting in the building with master keys. Food crumbs , etc. have been found in the building after some weekends. She will speak further with Bill Balzarini about these issues.

Instructor Job Descriptions: Diane provided an updated version of job descriptions for instructors. It was requested by the council members that set up and break down of chairs, equipment, etc. be added to the job descriptions.

Finance Report: Diane provided updated balances of Town Budget and September/October 2014 Deposits and Expenditures.

Meeting Adjourned: 7:20 p.m.

Respectfully submitted,

Roger Lesch